

## YOUR NEW MedFit DASHBOARD

As part of the ongoing effort to develop and modernize the MedFit program, a new landing page or dashboard is now available on our online website!

The **dashboard** provides you with key information at a glance including:

- 1. My Profile contains your administrative details
- 2. My notifications contains required actions that you need to take
- 3. Final fitness status provides your official MedFit fit-to-work status
- Overall health status provides a general over view of your health based on the standard health indicators.
- Standard health indicators allow you to monitor the most common standard health metrics (e.g. BMI, cholesterol, glycemia, etc.). Personal health indicators allow you to select and track specific health results that are of particular interest to you [e.g. RBC (red blood cell count), HDL cholesterol, etc.].



If you have any questions regarding the functionality of your Dashboard, do not hesitate to contact us at the following email address:

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The International SOS MedFit Team